May 26 Questions

1)	The rest of the "Song of Ascents" psalms. The collection begins with Psalm 120, a psalm which
	recounts the author's weariness of dwelling among deceitful people: those who "hate"
	and "are for" (Ps 120:6–7). The psalmist called out to God in his trouble, and God answered
	him. How comforting to know that God us when we cry to Him! Psalm 121 is an
	encouraging answer to the question, "From where does my help come? My help comes from the
	, who made heaven and earth. He will not let your foot be moved; he who keeps you will
	not Behold, he who keeps Israel will neither slumber nor sleep" (Ps 121:1b-4). Psalm
	123 echoes this thought and builds on the theme of focusing our eyes on God: "To you I lift up my
	, O you who are enthroned in the heavens! Behold, as the eyes of servants look to the hand
	of their master, as the eyes of a maidservant to the hand of her mistress, so our eyes look to the
	LORD our God, till he has mercy upon us" (Ps 123:1–2). These psalms teach us the importance of
	up our eyes from the cares and trials of life and our hearts and minds
	on God. Like Peter on the Sea of Galilee, if we keep our eyes fixed on Jesus, we can walk on the
	waters which seek to drown our souls.