November 7 Answers

1) Jesus' actions in the garden teach us several crucial lessons:¹ (1) Jesus saw the companionship and support of his friends as a legitimate <u>need</u>. In this, He modeled the importance of <u>reaching</u> out to others in times of trouble, rather than withdrawing and trying to go it alone; (2) Jesus didn't pretend to be <u>tough</u> or try to hide His emotions. People in leadership often think they can't be real for fear of looking <u>weak</u>. (3) Jesus chose to <u>pray</u> when He was at His lowest point. Jesus reminds us that finding spiritual <u>strength</u> through prayer is the way to handle trials; (4) An angel appeared to Jesus the first time He prayed, but it came to strengthen His resolve, not <u>release</u> him from the fight. So many times we want to get <u>out</u> when God's will is for us to go <u>through</u>! (5) Jesus didn't let His <u>emotions</u> lead His will. He freely admitted that He didn't want to go through the terrible torture of the cross, but He brought those feelings <u>captive</u> to the sovereignty of God's will; (6) Jesus didn't pray only <u>once</u>. He poured out His heart to God <u>three</u> times before He was ready to pick Himself up and say, "Rise, let us be going." This teaches us that there will be times when we need to wrestle <u>repeatedly</u> to bring our mind, will and emotions in subjection to God's will. We must not give up before we have <u>determined</u> to follow God no matter what.

¹ Matt, "Looking at Gethsemane Anew: The Fall and Rise of Jesus." Web blog post. *Theology in Tension*, 22 Nov 2015. Web. 14 Mar 2016.