

## May 8 Answers

- 1) David's psalms. Psalm 31 was a favorite of several biblical characters. **Jonah's** prayer references it (Jonah 2:8), **Jeremiah** recalled it (Jer 20:10), and **Jesus'** last words repeated it: "Into your hand I commit my spirit" (Luke 23:46). This psalm of faith is a message of **encouragement** to us when we're battered and bruised by the storms of life. It calls us to be of good **courage** and to be **cheered** by David's example and experience. David found God to be a refuge in time of trouble, and he urges us to put our trust in God. We can say with joy, "Oh, how abundant is your goodness, which you have stored up for those who **fear** you" (Ps 31:19a). Psalm 37 is a balm for anyone who has been frustrated or disheartened by the prosperity of the **wicked**. "Don't **fret** over evildoers," God says, "They flourish for a time, but rest assured their day is coming. They will wither **quickly** like the grass. You will look around for them but they'll be **gone**. Their sword will enter their own heart. They will be utterly destroyed, and their posterity will be cut off. Rather than envy the wicked, let me tell you what I want you to do. **Trust** in me and do good. **Delight** yourself in me, and I'll give you the desires of your heart. **Commit** your way to me, and I'll act on your behalf. If you will **wait** on me, I'll bring forth your righteousness as the light and your justice as the noonday. I'll exalt you and give you the land, and you will dwell in peace forever!"