

### Jesus' Birth Foretold to Mary—The Annunciation (early 3 BC)

Luke 1:26–38

26 In the sixth month of Elizabeth's pregnancy, the angel Gabriel was sent by God to a town of Galilee called Nazareth,  
 27 to a virgin engaged to a man whose name was Joseph, a descendant of David, and the virgin's name was Mary.  
 28 The angel came to her and said, "Greetings, favored one, the Lord is with you!"  
 29 But she was greatly troubled by his words and began to wonder about the meaning of this greeting.  
 30 So the angel said to her, "Do not be afraid, Mary, for you have found favor with God!  
 31 Listen: You will become pregnant and give birth to a son, and you will name him Jesus.  
 32 He will be great, and will be called the Son of the Most High, and the Lord God will give him the throne of his father David.  
 33 He will reign over the house of Jacob forever, and his kingdom will never end." [cf. [1 Chr 17:7–14](#)]  
 34 Mary said to the angel, "How will this be, since I have not had sexual relations with a man?"  
 35 The angel replied, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you. Therefore the child to be born will be holy; he will be called the Son of God.  
 36 "And look, your relative Elizabeth has also become pregnant with a son in her old age—although she was called barren, she is now in her sixth month!  
 37 For nothing will be impossible with God." [cf. [Gen 18:14](#)]  
 38 So Mary said, "Yes, I am a servant of the Lord; let this happen to me according to your word." Then the angel departed from her.

### Jesus' Conception (early 3 BC)

John 1:14a

14a Now the Word became flesh...

### Mary Visits Her Relative Elizabeth (early to mid 3 BC)

Luke 1:39–45

39 In those days Mary got up and went hurriedly into the hill country, to a town of Judah,  
 40 and entered Zechariah's house and greeted Elizabeth.  
 41 When Elizabeth heard Mary's greeting, the baby leaped in her womb, and Elizabeth was filled with the Holy Spirit.  
 42 She exclaimed with a loud voice, "Blessed are you among women, and blessed is the child in your womb!  
 43 And who am I that the mother of my Lord should come and visit me?  
 44 For the instant the sound of your greeting reached my ears, the baby in my womb leaped for joy.  
 45 And blessed is she who believed that what was spoken to her by the Lord would be fulfilled."

### Mary's Song of Praise—The *Magnificat* (early to mid 3 BC)

Luke 1:46–56

46 And Mary said,  
 "My soul exalts the Lord,  
 47 and my spirit has begun to rejoice in God my Savior,  
 48 because he has looked upon the humble state of his servant.  
 For from now on all generations will call me blessed,  
 49 because he who is mighty has done great things for me, and holy is his name;  
 50 from generation to generation he is merciful to those who fear him.  
 51 He has demonstrated power with his arm;  
 he has scattered those whose pride wells up from the sheer arrogance of their hearts.  
 52 He has brought down the mighty from their thrones, and has lifted up those of lowly position;  
 53 he has filled the hungry with good things, and has sent the rich away empty.

- 54 He has helped his servant Israel, remembering his mercy,  
55 as he promised to our ancestors, to Abraham and to his descendants forever.” [cf. [Ps 98:3](#)]
- 56 So Mary stayed with Elizabeth about three months and then returned to her home.

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