

Memorizing Scripture Guide

Starting Small (Weeks 1-8)¹

Each verse has no more than 7 words

- Week 1 – “Remember Lot's wife” (Luke 17:32).
- Week 2 – “Rejoice always” (1 Thessalonians 5:16).
- Week 3 – “Pray without ceasing” (1 Thessalonians 5:17).
- Week 4 – “Do not quench the Spirit” (1 Thessalonians 5:19).
- Week 5 – “Abstain from every form of evil” (1 Thessalonians 5:22).
- Week 6 – “Do all things without grumbling or disputing” (Philippians 2:14).
- Week 7 – “Little children, guard yourselves from idols” (1 John 5:21).
- Week 8 – “Give us this day our daily bread” (Matthew 6:11).

A Step Forward (Weeks 9-18)

Each verse has between 7 and 10 words

- Week 9 – “Do not be deceived, bad company corrupts good morals” (1 Corinthians 15:33).
- Week 10 – “I can do all things through Him who strengthens me” (Philippians 4:13).
- Week 11 – “For we walk by faith, not by sight” (2 Corinthians 5:7).
- Week 12 – “Therefore be imitators of God, as beloved children” (Ephesians 5:1).
- Week 13 – “He heals the brokenhearted and binds up their wounds” (Psalm 147:3).
- Week 14 – “My son, if sinners entice you, do not consent” (Proverbs 1:10).
- Week 15 – “If you love Me, you will keep My commandments” (John 14:15).
- Week 16 – “This I command you, that you love one another” (John 15:17).
- Week 17 – “Let all that you do be done in love” (1 Corinthians 16:14).
- Week 18 – “Do not be surprised, brethren, if the world hates you” (1 John 3:13).

¹ All Scripture references are taken from the English Standard Version (ESV).

Medium-sized Verses (Weeks 19-34)

Each verse has between 10 and 15 words

- Week 19 – “Consider it all joy, my brethren, when you encounter various trials” (James 1:2).
- Week 20 – “Suffer hardship with me, as a good soldier of Christ Jesus” (2 Timothy 2:3).
- Week 21 – “But examine everything carefully; hold fast to that which is good” (1 Thessalonians 5:21).
- Week 22 – “Husbands, love your wives and do not be embittered against them” (Colossians 3:19).
- Week 23 – “Wives, be subject to your own husbands, as to the Lord” (Ephesians 5:22).
- Week 24 – “Making the most of your time, because the days are evil” (Ephesians 5:16).
- Week 25 – “Do not be overcome by evil, but overcome evil with good” (Romans 12:21).
- Week 26 – “Bless those who curse you, pray for those who mistreat you” (Luke 6:28).
- Week 27 – “Blessed are the pure in heart, for they shall see God” (Matthew 5:8).
- Week 28 – “The naive believes everything, But the sensible man considers his steps” (Proverbs 14:15).
- Week 29 – “Let everything that has breath praise the LORD. Praise the LORD!” (Psalm 150:6)
- Week 30 – “My help comes from the LORD, Who made heaven and earth” (Psalm 121:2).
- Week 31 – “When I am afraid, I will put my trust in You” (Psalm 56:3).
- Week 32 – “Make me know Your ways, O LORD; Teach me Your paths” (Psalm 25:4).
- Week 33 – “Keep your tongue from evil And your lips from speaking deceit” (Psalm 34:13).
- Week 34 – “Depart from evil and do good; Seek peace and pursue it” (Psalm 34:14).

Larger Verses (Weeks 35–52)

Each verse has between 16 and 25 words

- Week 35 – “Therefore if anyone is in Christ, he is a new creature; the old things passed away; behold, new things have come” (2 Corinthians 5:17).
- Week 36 – “If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness” (1 John 1:9).
- Week 37 – “Be of sober spirit, be on the alert. Your adversary, the devil, prowls around like a roaring lion, seeking someone to devour” (1 Peter 5:8).
- Week 38 – “Like newborn babies, long for the pure milk of the word, so that by it you may grow in respect to salvation” (1 Peter 2:2).
- Week 39 – “For consider Him who has endured such hostility by sinners against Himself, so that you will not grow weary and lose heart” (Hebrews 12:3).
- Week 40 – “Flee immorality. Every other sin that a man commits is outside the body, but the immoral man sins against his own body” (1 Corinthians 6:18).
- Week 41 – “He who loves his life loses it, and he who hates his life in this world will keep it to life eternal” (John 12:25).
- Week 42 – “The fear of the LORD is to hate evil; Pride and arrogance and the evil way And the perverted mouth, I hate” (Proverbs 8:13).
- Week 43 – “Be diligent to present yourself approved to God as a workman who does not need to be ashamed, accurately handling the word of truth” (2 Timothy 2:15).
- Week 44 – “Whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks through Him to God the Father” (Colossians 3:17).
- Week 45 – “Let your speech always be with grace, as though seasoned with salt, so that you will know how you should respond to each person” (Colossians 4:6).
- Week 46 – “If you keep My commandments, you will abide in My love; just as I have kept My Father's commandments and abide in His love” (John 15:10).
- Week 47 – “I will bless the LORD at all times; His praise shall continually be in my mouth” (Psalm 34:1).
- Week 48 – “For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord” (Romans 6:23).
- Week 49 – “And do not get drunk with wine, for that is dissipation, but be filled with the Spirit” (Ephesians 5:18).
- Week 50 – “Do you not know that you are a temple of God and that the Spirit of God dwells in you?” (1 Corinthians 3:16).

- Week 51 – “In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace” (Ephesians 1:7).
- Week 52 – “Do not love the world nor the things in the world. If anyone loves the world, the love of the Father is not in him” (1 John 2:15).

Ideas for the Future

You began your memory work by memorizing individual verses. You are now ready to memorize small sections of Scripture and eventually whole chapters and books (yes, it can be done!). Here are some ideas for more advanced memory work:

- 1 John 2:15–17 (3 verses).
- Matthew 5:44–47 (4 verses).
- Psalm 1 (6 verses).
- Psalm 8 (9 verses).
- 1 Corinthians 13 (13 verses).
- Psalm 145 (21 verses).
- Proverbs 31 (31 verses).
- Titus (46 verses).
- 2 Peter (61 verses).
- 2 Timothy (83 verses).
- Colossians (95 verses).
- 1 John (105 verses).
- Matthew 5–7 (111 verses).